Why get an adjustable bed?
Six everyday reasons no matter your age
Adjustable beds are for everybody

Regardless of who you are, how old or how young you are, if you feel healthy or your body aches, you are single or living a family life – an adjustable bed (also called ‘an elevation bed’) will provide additional comfort to your daily life. Some things will become easier and more comfortable, while others may give you options that you never thought of.
If this makes you curious - then continue reading.

“Today, adjustable beds come with features such as light under the bed, hand controls with a built-in torch, the possibility of saving favourite positions and even the option of using an app as control. It is fair to say that these beds are for everyone - not just elderly or sick people.”

- Anne Stær Møller, Product Manager
HOMELINE, LINAK®

Experience the comfort of an adjustable bed when you want to...

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Please contact your local LINAK office with your enquiry.
Relax or work

Perhaps you have to check an email or read the memo for tomorrow’s meeting one more time. Perhaps you just want to read another chapter in the novel you are currently reading.

Whatever the reason, you might be better off in a comfortable position with a firm back support and your feet up. With an elevation bed you can do it all at the push of a button.
Make your mornings special

The best days are those when you can sleep until late in the morning. An adjustable bed allows you to convert your bed into a cozy breakfast lounge in a few seconds. Simply raise the back and avoid having to stack extra pillows for support behind your back.
Have bonding moments with your child

Whether you are nursing your newborn or having a beautiful moment of bonding, comfort is essential. Day or night, you need to be able to find a posture that allows you to create the necessary comfort for you and your child — sometimes for several hours at a time. Simply elevate the legs, raise the backrest in your elevation bed, and create the best possible moment.
Rest and recover after exercise

It is a well-known fact that allowing your body to recover properly after hard exercise, is as important as the exercise itself. With an elevation bed you can easily raise the leg support and accommodate a better restitution of tired legs.
Stop the snoring

Maybe you know the situation? Your partner snores and keeps you awake all night. One of the simplest ways to minimise snoring is to adjust the backrest to ease breathing – often as little as four inches is enough. With low-noise elevation beds, you can help yourself and your partner – even without waking up him or her!

Did you know?

If your bed has a LINAK® system you can adjust your bed with an app.

A simple trick is to pair your phone with your partner’s side of the bed which allows you to adjust the head upwards in the event of snoring.
Find comfort during pregnancy

Aching joints and extra pressure on the lower back from the front-loaded weight gain. A pregnancy can be quite an exhausting affair. Sometimes sleep feels impossible while getting in and out of bed can become a struggle. Simply adjust the legs or back to achieve the comfort you need to sleep, rest a sore back or tired legs, and get in and out of bed.
7 reasons to choose a bed with a LINAK system

1. **Under Bed Light**
   An elevation bed with LINAK® actuators gives you the option of Under Bed Light. Avoid walking into the dresser this time, and simply turn on the Under Bed Light when you want to get out of bed at night. The dimmed and indirect light on the floor helps you find your way, without waking up your partner.

2. **Wireless hand controls**
   All adjustable beds powered by LINAK® actuators come with wireless hand controls. This way cables never get in the way, and you can keep the control within reach – where it suits you the best.

3. **Use your smartphone as control**
   Mobile devices have become part of everyday life. With an elevation bed powered by LINAK® dual actuators you always have the option of using an app on a smartphone or a tablet to adjust your bed.

4. **Tried and tested technology**
   We have the most extensive test centre for electric actuators in the world. Every product is thoroughly tested before it leaves the factory. LINAK® has developed and manufactured actuators since 1976. We know that to make high-quality movement solutions for a variety of applications, testing is important.

5. **Comfortable sound level**
   In making movement solutions for comfort beds, naturally sound plays a key role. LINAK® dual actuators are some of the most low-noise on the market, allowing you to adjust your bed at night without waking up your partner.

6. **Low electromagnetic radiance (EMR)**
   All electric installations and applications emit EMR. However, our technology makes our actuator systems emit significantly less radiation than the maximum permissible level for electric home appliances allows.

7. **Low energy consumption**
   The LINAK® ZERO™ technology ensures a low energy consumption for your elevation bed – as low as 0.1 W in standby mode. Apart from reducing your power bill, this helps minimise the CO₂ footprint of your movement solution significantly.
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